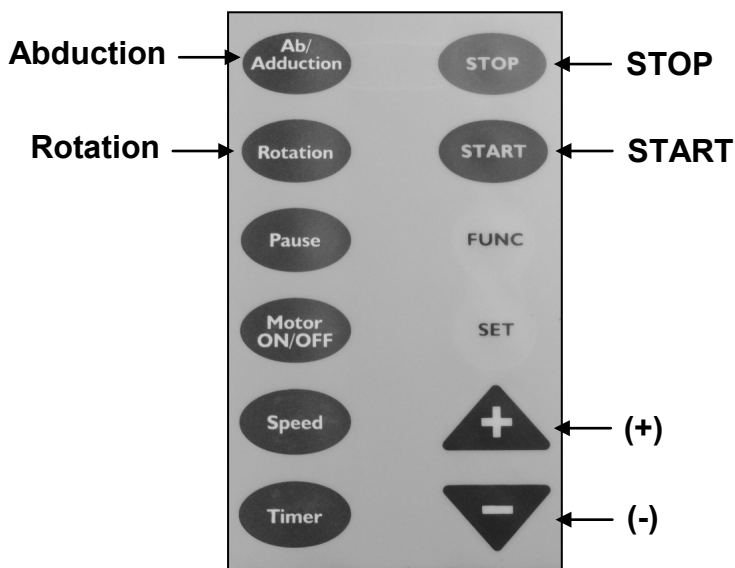


PATIENT INSTRUCTIONS

Kinex KS2™ Shoulder CPM

To change Abduction and External Rotation:

1. To change Abduction, press the **STOP** button.
2. Hold **STOP** button until the screen shows >> pointing to ABD value.
3. Press **(+)** to increase and **(-)** to decrease.
4. To change External Rotation, press the **Rotation** button.
The arrows will be pointing at the number on the right hand side.
5. Press **(+)** to increase and **(-)** to decrease.
6. Press the **START** button to record change.
7. Press **START** again to recalibrate. CPM will go to midrange and stop.
8. Press **START** again.



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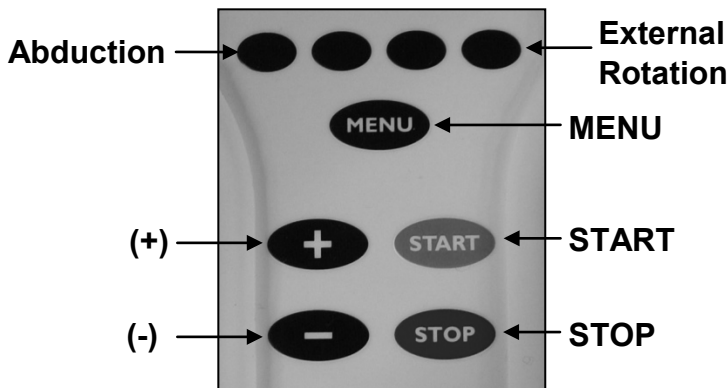
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PATIENT INSTRUCTIONS

Kinex KS2™ Shoulder CPM

To change Abduction and External Rotation:

1. Press the **STOP** button.
2. To change abduction, press the **MENU** button once; M1 should appear on the screen.
3. Press the upper left **Abduction** button on hand controller.
4. Press **(+)** to increase and **(-)** to decrease.
5. To change External Rotation, press the upper right **External Rotation** button on hand controller.
6. Press **(+)** to increase and **(-)** to decrease.
7. Press the **START** button to save.
8. Press the **START** button to begin therapy.



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